



Yoga and Walking Holiday

at

Middle Coombe Farm

Uplowman, Near Tiverton

with

Duncan Hulin

Facilitator, Walk Leader and Yoga Class Teacher

and

Andrea Guest

Caterer

14-20 September 2021

YOGA - WALKING – NOURISHING FOOD

Experience a week of holistic yoga, walking and enjoying the amazing landscapes of Devon including the moors, woodland river valleys, cliffs and coast

Price £895

This includes:

- 6 nights full board (including all vegetarian/vegan meals and hot drinks)
 - all guided walks
- transportation to and from all walks starting and finishing points
- 12 yoga classes

This excludes:

- transport to and from Middle Coombe Farm on arrival and departure days

Group size is limited to 12 persons

Tel: 01392-420573 Email: info@devonyoga.com Web: www.devonyoga.com
4 Barnfield Hill, St Leonards, Exeter, EX1 1SR

THE VENUE

Middle Coombe Farm is a rustic 16th century farm complex. The bedrooms are primarily a mix of twin rooms with shared bathroom facilities. However, there are some en-suite and some single rooms available in both the main farm house and the Allens Down annex barn. The yoga classes are held in the unique cider press barn which includes a flagstone heated floor.

Middle Coombe Farm
Uplowman
Tiverton
Devon EX16 7QQ
www.coombefarmwoods.co.uk

Note: if you are not driving, Middle Coombe Farm is a 10-minute car journey from Tiverton Parkway Train Station. Local taxi firms can be recommended.

DAILY SCHEDULE

14 Sept	Day 1	Arrive at Middle Coombe Farm between 2-3pm for tea and orientation, local walk in the woods, yoga class and dinner at 7:30pm.
15-19 Sept	Day 2-6	Wake up 6:30am, silence through to breakfast Early morning yoga 7:00-8:15am, 8:30am breakfast and collect packed lunch 9:30am set off for walks Evening yoga 5:45-7:00pm 7:30pm dinner 10am retire
20 Sept	Day 7	Wake up 7:00am Early morning yoga 7:30-8:45am 9:00am breakfast 10/10:30am departure

NOTE: The schedule is not set in stone and the timings may vary slightly. Daily walks will vary between 3-5 hours each over mixed terrain and transport via minibus to and from walks will, on average, be one hour each way. There are toilet facilities at the beginning and end of each walk.

A helpful “what to bring” packing list will be provided on booking.

PRICE

Total Price: £895 (£395 deposit on booking with balance of £500 due by 14 July 2021)

Please make cheques for the full amount payable to: **Andrea Guest Residentials Limited** and send to: **Devon School of Yoga, 4 Barnfield Hill, St Leonards, Exeter, Devon, EX1 1SR.**

For online bank transfer, here are the online bank details to book your place:

Andrea Guest Residentials Limited
Account number: 15544062
Sort Code: 30-80-37

When paying via online bank transfer, please be sure to include your name and the reference 'Walk21' so that we know who it is from and what it is for so that we may send a receipt to you. Thanks.

Booking Form

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Please cut off, complete and return this form to the Devon School of Yoga (either via post to the address below or via email with a proper signature) with cheque made payable to Andrea Guest Residentials Limited or you can pay via online bank transfer details above

Name.....

Address.....

.....**Postcode**.....

Telephone..... **Email**.....

I/We have enclosed/transferred a deposit of **£395** per person for the Yoga and Walking Holiday in Devon 14-20 September 2021.

Cheque(s) payable to **Andrea Guest Residentials Limited** - and send to: **Devon School of Yoga, 4 Barnfield Hill, St Leonards, Exeter EX1 1SR.**

For online payment account details, please see above.

I/We have read, understand and agree with the terms and conditions.
(For terms and conditions, see the next page.)

You are responsible for your own travel and health insurance. Please tick one of the following:

I/We have travel & health insurance _____

I/We will get travel & health insurance _____

Signature(s).....**Date**.....

Terms and Conditions

Should you wish to cancel a booking once made we regret payment is **non refundable**. We reserve the right to cancel the holiday due to unforeseen circumstances, in which case all monies paid will be refunded.

All information is correct at the time of going to press. We do not accept liability for loss or damage to your personal property, or any accidents during your stay. Attendees are responsible for their own travel health insurance.

Your Responsibilities

It is your responsibility to ensure that you have a reasonable level of health / fitness, suitable clothes/equipment and remain aware of risks involved in a walking holiday. Although the Devon School of Yoga Limited (DSY Ltd.) and Andrea Guest Residentials Limited (AGR Ltd.) and its suppliers can assure you that with sensible precaution your holiday is as safe as possible you must accept that the sole responsibility for your personal fitness, health and safety remains with you.

Personal Travel and Activity Insurance

It is a condition of booking a holiday with DSY Ltd. and AGR Ltd. that before you travel, you must take out activity travel insurance which must be valid for the entire duration of your holiday; and cover you for illness, injury, death, loss of baggage and personal items, cancellation, curtailment, emergency rescue and repatriation.

You agree that it is your responsibility to check the adequacy and validity of any insurance policy effected by or on your behalf and you must provide evidence to DSY Ltd. and AGR Ltd. that you have obtained personal travel insurance. You agree it is your responsibility to have cover for any pre-existing medical conditions if applicable and should you not be able to get cover for a certain condition, then you agree to cover any costs associated or emergency health care whilst on a DSY Ltd. and AGR Ltd. holiday. Personal travel insurance is not included in the price of your holiday.

DSY Ltd. and AGR Ltd. require the client to notify us on the booking form that all persons travelling have appropriate insurance for the yoga and walking activities they are undertaking and no booking can be confirmed without this undertaking. In some circumstances we may need to see a copy of clients' own insurance cover. In the event of personal injury, death, illness, loss of baggage or personal possessions DSY Ltd. and AGR Ltd. or its suppliers cannot accept any responsibility as it is the client's responsibility to ensure that all persons travelling have the appropriate insurance cover for these and the activities to be undertaken.

Assumption of Risk

You acknowledge and agree that by the very nature of adventure walking and activity holidays, they are more challenging and demanding with a commensurately higher level of risk compared with conventional holidays; the additional risks associated with activity travel may include difficult terrain; unforeseeable changes in weather conditions; remoteness from medical services and from communications; and evacuation difficulties in the event of injury or illness. The enjoyment and excitement of activity holiday travel is derived in part from the inherent risks associated with activity travel and that those inherent risks are a reason why you wish to undertake the activity holiday; the very nature of the activity travel undertaken by you may require flexibility on your part, necessitating alternative arrangements to be made to the itinerary at short notice; and you have submitted your booking for the holiday after giving due consideration to relevant information including any information provided in the holiday schedule. For the above reasons you therefore accept the inherent and increased risks associated with the proposed yoga and walking holiday and the accompanying risk of injury and need for appropriate travel insurance cover.

Force Majeure

Except where otherwise expressly stated in these Booking Terms & Conditions we will not be liable or pay you compensation if our contractual obligations to you are affected by "Force Majeure". For the purposes of these Booking Conditions, Force Majeure means any event beyond our or our supplier's control, the consequences of which could not have been avoided even if all reasonable measures had been taken. Examples include warfare and acts of terrorism (and threat thereof), civil strife, significant risks to human health such as the outbreak of serious disease at the travel destination or natural disasters such as floods, earthquakes or weather conditions which make it impossible to travel safely to the travel destination or remain at the travel destination, the act of any government or other national or local authority including port or river authorities, industrial dispute, labour strikes, lock closure, natural or nuclear disaster, fire, chemical or biological disaster, unavoidable technical problems with transport, air traffic control strikes, flight cancellations and all similar events outside our or the supplier(s) concerned's control.

Limitation of liability

Our obligations, and those of our suppliers providing any service or facility included in your holiday, are to take reasonable skill and care to arrange for the provision of services and facilities. You must show that reasonable skill and care has not been used if you wish to make any claim. The services and facilities included in your holiday will be deemed to be provided with reasonable skill and care and comply with local regulations.

You understand that we will not be liable where any failure in the performance of the contract is due to you; a third party unconnected with the provision of the travel arrangements and where the failure is unforeseeable or unavoidable; unusual and unforeseeable circumstances beyond our control, the consequences of which could not have been avoided even if all due care had been exercised; or an event which we or our suppliers, even with all due care, could not foresee or forestall.

Our liability and that of our suppliers, except in cases involving death, injury or illness arising from our negligence, shall be limited to a maximum of twice the cost of your travel arrangements. You acknowledge and agree that DSY Ltd. and AGR Ltd. and its suppliers will not be liable for any breach of any law by any person with whom you travel on the tour; and you may not rely on any representations concerning the holiday made by DSY Ltd. and AGR Ltd., which are not contained in these conditions.