

# The Devon School of Yoga

## Enrolment Form – Pre and Postnatal Yoga Teacher Training Course

2025

March 15-16

April 12-13

May 10-11

June 7-8

July 5-6

FIRST NAME:	SURNAME:		
PLEASE ATTACH A HEAD & SHOULDER PHOTO: (Please note - if you are returning this form electronically you can attach a jpg file.)			
ADDRESS:			
TOWN/CITY:	POSTCODE:		
DATE OF BIRTH:	NATIONALITY:		
TEL. (Day):	TEL. (Eve):		
EMAIL:	MOBILE:		
WEB:	OCCUPATION:		

### How did you hear of the Devon School of Yoga?

#### PREREQUISITES

PLEASE NOTE: Students who apply for this postgraduate advanced teacher training course must meet the following prerequisites:

Be a qualified yoga teacher PLUS please see below:

- If the yoga teacher training programme you qualified with was 500 hours, you qualify to join the course.

- If the yoga teacher training programme you qualified with was 200 to 300 hours, you must have a minimum of 2+ years teaching experience since qualifying.

## ATTITUDES

Throughout as well as after the course students will:

1. Aim to uphold the values and ethical lifestyle of traditional yoga teachings in daily life.
2. Accept responsibilities compatible with the teachings of yoga and the ethics of a professional yoga teacher.
3. Continue personal practice of hatha and raja yoga as well as any other chosen yoga paths such as bhakti, jnana, karma, etc.
4. **Commit to being openminded** (particularly to exploring new practices and ideas), maintain good timekeeping, be respectful to tutors and fellow students and practice good listening skills.

**Please provide your yoga teaching qualification and your yoga teaching experience.  
(Include evidence of meeting the pre-requisites on page 1):**

(Continue on separate sheet if required.)

**Tell us about your own personal yoga and meditation practice:**

(Continue on separate sheet if required.)

Please tell us your reasons for joining this pre and postnatal yoga teacher training course and what you hope to learn (around 300 words please):

(Continue on separate sheet if required.)

**OTHER RELEVANT QUALIFICATIONS**

Besides teaching yoga, do you have any other similar relevant qualifications / training / experience?

(Continue on separate sheet if required.)

**PERSONAL HEALTH INFORMATION**

If you have any physical, medical or emotional condition that you feel the school should be made aware of (in the interests of yourself, fellow students or the teachers) or any other information that you feel is important please describe in the space below.

**Any information given will be treated in the strictest confidence.**

(Continue on separate sheet if required.)

## CONDITIONS OF ENROLMENT PRE AND POSTNATAL TEACHER TRAINING COURSE 2025

### APPLICATION

If you have a 500-hour teaching qualification, you are eligible to join the course. If you have a 200-300-hour yoga teaching qualification or a one-month-only teacher training qualification, you must be able to show that you have been teaching regular yoga classes for a minimum of two years before the start of this course. Likewise, students are required to read the course syllabus before enrolment. This is available online via our website: [www.devonyoga.com](http://www.devonyoga.com)

### STUDY

This 80-hour 10-day course (set over 5 monthly weekends) takes place at the Lotus Loft yoga studio in central Exeter and offers a broad spectrum of techniques from within the yoga tradition specially adapted to meet the needs of pregnant and postnatal women in a supportive and safe way.

Pregnancy, childbirth and the postnatal period can be some of life's most fulfilling and challenging events that women and their families undertake. The practices of yoga are well known to reduce stress and anxiety, strengthen and open our bodies, and enrich our lives with clarity and joy. This is why yoga is uniquely placed to holistically support a woman and her family through these transitional times.

#### **Please note: Full attendance is expected**

In the event of days or weekends being missed due to unforeseen circumstances, the school allows for 2 days to be missed in total without interfering with the course hours for certification. If more than 2 days are missed, the reasons will need to be addressed and these lost hours must be made up. This is arranged with the main course tutor which is Alice Chapman.

If attendance is to be missed on any day or weekend, or if you arrive late or leave early, please let the DSY office know as well as another member of the group (preferably in advance). Thanks.

### PAYMENT

Training course tuition fees total £895 (this includes the £295 deposit) for 10 days of tuition. Payment options available – for this contact the office at [info@devonyoga.com](mailto:info@devonyoga.com).

**The deposit of £295 is required to secure a place on the course.** Please note that the deposit is **non-transferable** and **non-refundable** on acceptance of application unless the school cancels the course. The course fees balance of £600 is payable in full by the 16<sup>th</sup> February 2025. Please note, all payment details are included on page 5 of this form.

### CANCELLATION

All students are committed to the **full payment** of course fees once a course has begun. In the case of absence or a student wishing to leave the course after enrolling, fees already paid are **non-transferable** and **no refund** may be given wholly or in part. All cancellations must be received in writing.

### MISCELLANEOUS

The Devon School of Yoga reserves the right to make any amendments to the publicised programme including dates, venues, tutors or prices should circumstances demand it – this includes circumstances of force majeure. (continued on next page)

Whilst every effort will be made by The Devon School of Yoga to ensure that the manner in which each course is conducted is entirely safe the school cannot accept liability for any injury, loss or damage incurred or sustained on a course or any other harmful consequence arising during or after a course. By signing this form students agree that they will not hold The Devon School of Yoga responsible for any injury, loss or damage or harmful consequence arising during or after a course. It is always advisable to consult your doctor before embarking on a course if you have been injured or unwell - the courses offered are not a substitute for medical treatment and if you have any doubts as to the suitability of the course refer back to your medical practitioner.

**ACCEPTANCE – Please note, that the following must be completed and returned with the rest of your completed enrolment form. Plus, on this page, your signature must be signed rather than typed. Thanks.**

I wish to enrol for the DSY Pre and Postnatal Yoga Teacher Training Course by paying a deposit.  
The full deposit is £295. Followed by the balance.

<b>Deposit = £295</b>	<b>Balance of course Fees = £600</b>
<b>£295 due on enrolment</b>	<p><b><u>OPTION 1</u></b> Full balance of £600 due by 16<sup>th</sup> February 2025</p> <p><b><u>OPTION 2</u></b> Four monthly payments of £150 each with all payments due by 16<sup>th</sup> February 2025</p> <p><b><u>OPTION 3</u></b> Six monthly payments of £100 each with all payments due by 16<sup>th</sup> February 2025</p>

Payments can be made **via BACS online payment to:**

**Devon School of Yoga Limited,  
Account number: 80613460,  
Sort Code: 30-80-37  
(or via cheque or cash)**

With all bank transfers, please include your name and the reference 'PPN-25' so we know who it is from and what it is for so we may send receipts to you. Thanks!

**(Note: We can take payment via credit/debit card if done in person at the Devon School of Yoga office.)**

I (please print full name) ..... **herewith confirm that I have read and understood all of the information within the Devon School of Yoga's Pre and Postnatal Yoga Teacher Training Course enrolment form, syllabus and prospectus. Likewise, by signing this form I confirm that I am aware that I am responsible for the full payment of the course fees regardless of my attendance on this course:**

**Signature..... Dated.....**  
**(Please note, if you return this electronically, we do request that you scan, print and sign this form rather than typing your name. Thank you.)**

Please note, all information provided on your form is kept confidential within the school.